

OBC 25M 2025: Session: 3: COACH evaluation sheet for TEAM: BRABO

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Hoffmann Serge HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 15: 400M FREESTYLE MEN							Heat:4, starttime: 09:15	
Heat: 4/4 Lane : 2 Athlete: KINDT LEVI							Q-time: 03:58:76	
PB (25m pool): 3:58.43 Sint Amandsberg 11 Nov 2023							PB (50m pool): 4:03.26 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		26.77		56.72		1:26.50		1:56.53
		26.77		29.95		29.78		30.3
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		2:26.87		2:57.72		3:28.73		3:58.43
		30.34		30.85		31.1		29.70
								

Coach feedback:

Event number: 17: 50M BACKSTROKE MEN										Heat:1, starttime: 09:40	
Heat: 1/7 Lane : 7 Athlete: NOLLET ROBBE										Q-time: 00:29:14	
PB (25m pool): 28.70 Antwerpen 11 Oct 2025										PB (50m pool): 29.14 SB:	
	2 5 M		5 0 M								
PB			28.70								
			28.70								
											

Coach feedback:

Event number: 17: 50M BACKSTROKE MEN							Heat:2, starttime: 09:40	
Heat: 2/7 Lane : 3 Athlete: GORIS RUBEN							Q-time: 00:28:43	
PB (25m pool): 28.43 Sint-Amandsberg 19 Oct 2025							PB (50m pool): 29.13 SB:	
	2 5 M		5 0 M					
PB			28.43					
	28.43							
								

Coach feedback:

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Event number: 17: 50M BACKSTROKE MEN			Heat:3, starttime: 09:40
Heat: 3/7 Lane : 5 Athlete: HEYRMAN TIGO			Q-time: 00:28:18
PB (25m pool): 26.92 Leuven 12 Nov 2022			PB (50m pool): 28.18 SB:
	2 5 M	5 0 M	
PB		26.92	
	26.92		
			

Coach feedback:

Event number: 17: 50M BACKSTROKE MEN			Heat:4, starttime: 09:40
Heat: 4/7 Lane : 2 Athlete: VERVLOET RUWEN			Q-time: 00:27:96
PB (25m pool): 27.96 Herentals 17 May 2025			PB (50m pool): 29.05 SB:
	2 5 M	5 0 M	
PB		27.96	
	27.96		
			

Coach feedback:

Event number: 17: 50M BACKSTROKE MEN			Heat:4, starttime: 09:40
Heat: 4/7 Lane : 3 Athlete: VANHAMEL YONAS			Q-time: 00:27:84
PB (25m pool): 27.84 Hoogstraten 28 Sep 2025			PB (50m pool): 28.60 SB:
	2 5 M	5 0 M	
PB		27.84	
	27.84		
			

Coach feedback:

Event number: 17: 50M BACKSTROKE MEN			Heat:4, starttime: 09:40
Heat: 4/7 Lane : 8 Athlete: DE WINTER YARNO			Q-time: 00:28:04
PB (25m pool): 28.04 Geel 16 Feb 2025			PB (50m pool): 29.17 SB:
	2 5 M	5 0 M	
PB		28.04	
	28.04		
			

Coach feedback:

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Event number: 17: 50M BACKSTROKE MEN						Heat:5, starttime: 09:40	
Heat: 5/7 Lane : 5 Athlete: LAVDANITI ZHULIAN XHOI						Q-time: 00:26:23	
PB (25m pool): 26.23 Leuven (BEL) 23 Nov 2024						PB (50m pool): 27.00 SB:	
	2 5 M		5 0 M				
PB			26.23				
	26.23						
							

Coach feedback:

Event number: 17: 50M BACKSTROKE MEN						Heat:7, starttime: 09:45	
Heat: 7/7 Lane : 1 Athlete: VOLDERS ARNE						Q-time: 00:27:18	
PB (25m pool): 27.18 Antwerpen 11 Oct 2025						PB (50m pool): 27.77 SB:	
	2 5 M		5 0 M				
PB			27.18				
	27.18						
							

Coach feedback:

Event number: 18: 100M BACKSTROKE WOMEN				Heat:1, starttime: 09:45	
Heat: 1/6 Lane : 7 Athlete: VAN LAARHOVEN ALESSIA				Q-time: 01:10:35	
PB (25m pool): 1:08.68 Sint Amandsberg 12 Nov 2023				PB (50m pool): 1:10.35 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		32.83		1:08.68	
	32.83		35.85		
					

Coach feedback:

Event number: 18: 100M BACKSTROKE WOMEN				Heat:3, starttime: 09:50	
Heat: 3/6 Lane : 1 Athlete: KELDERMAN FRAN				Q-time: 01:06:86	
PB (25m pool): 1:06.86 Geel 16 Feb 2025				PB (50m pool): 1:08.08 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		32.81		1:06.86	
	32.81		34.05		
					

Coach feedback:

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Event number: 18: 100M BACKSTROKE WOMEN					Heat:4, starttime: 09:50
Heat: 4/6 Lane : 6 Athlete: HEIJL OLIVIA					Q-time: 01:04:67
PB (25m pool): 1:04.67 Gent 10 Nov 2024					PB (50m pool): 1:05.58 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		31.27		1:04.67	
	31.27		33.40		
					

Coach feedback:

Event number: 18: 100M BACKSTROKE WOMEN					Heat:5, starttime: 09:50
Heat: 5/6 Lane : 4 Athlete: BROECKAERT NOOR					Q-time: 01:02:46
PB (25m pool): 1:02.46 Gent 10 Nov 2024					PB (50m pool): 1:03.73 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		29.55		1:02.46	
	29.55		32.91		
					

Coach feedback:

Event number: 18: 100M BACKSTROKE WOMEN					Heat:6, starttime: 09:55
Heat: 6/6 Lane : 1 Athlete: VAN DEN WYNGAERT ELIZABETH					Q-time: 01:05:74
PB (25m pool): 1:05.74 Antwerpen 12 Oct 2025					PB (50m pool): 1:09.98 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		32.18		1:05.74	
	32.18		33.56		
					

Coach feedback:

Event number: 19: 200M BUTTERFLY MEN							Heat:3, starttime: 10:00	
Heat: 3/4 Lane : 1 Athlete: SZABO PETER							Q-time: 02:13:20	
PB (25m pool): 2:13.20 Antwerpen 12 Oct 2025				PB (50m pool): 2:17.05 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		28.91		1:02.67		1:38.40		2:13.20
	28.91		33.76		35.73		34.80	
								

Coach feedback:

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Event number: 20: 200M FREESTYLE WOMEN							Heat:2, starttime: 10:10	
Heat: 2/4 Lane : 5 Athlete: METZEMAKERS LéA							Q-time: 02:02:18	
PB (25m pool): 2:02.18 Gent 9 Nov 2024				PB (50m pool): 2:05.01 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		29.05		1:00.03		1:31.81		2:02.18
	29.5		30.98		31.78		30.37	
								

Coach feedback:

Event number: 20: 200M FREESTYLE WOMEN							Heat:3, starttime: 10:10	
Heat: 3/4 Lane : 3 Athlete: RAVELINGIEN LANA							Q-time: 02:03:03	
PB (25m pool): 2:01.62 Leuven 12 Nov 2022				PB (50m pool): 2:01.83 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		28.11		58.84		1:30.55		2:01.62
	28.11		30.73		31.71		31.07	
								

Coach feedback:

Event number: 20: 200M FREESTYLE WOMEN							Heat:3, starttime: 10:10	
Heat: 3/4 Lane : 7 Athlete: MAEREVOET MARIE							Q-time: 02:07:34	
PB (25m pool): 2:05.47 Nijlen 13 Mar 2022				PB (50m pool): 2:08.30 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		28.43		59.68				2:05.47
	28.43		31.25			1:05.79		
								

Coach feedback:

Event number: 21: 50M BREASTSTROKE MEN							Heat:2, starttime: 10:20	
Heat: 2/8 Lane : 4 Athlete: DE BODT DAAN							Q-time: 00:31:34	
PB (25m pool): 31.51 Geel 15 Feb 2025							PB (50m pool): 31.34 SB:	
	2 5 M		5 0 M					
PB			31.51					
	31.51							
								

Coach feedback:

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Event number: 21: 50M BREASTSTROKE MEN			Heat:4, starttime: 10:20
Heat: 4/8 Lane : 7 Athlete: METZEMAKERS NOA			Q-time: 00:30:83
PB (25m pool): 30.10 Antwerpen 11 Oct 2025			PB (50m pool): 30.83 SB:
	2 5 M	5 0 M	
PB		30.10	
	30.10		
			

Coach feedback:

Event number: 21: 50M BREASTSTROKE MEN			Heat:5, starttime: 10:20
Heat: 5/8 Lane : 3 Athlete: DE WINTER YARNO			Q-time: 00:30:37
PB (25m pool): 30.37 Geel 15 Feb 2025			PB (50m pool): 31.03 SB:
	2 5 M	5 0 M	
PB		30.37	
	30.37		
			

Coach feedback:

Event number: 21: 50M BREASTSTROKE MEN			Heat:6, starttime: 10:25
Heat: 6/8 Lane : 1 Athlete: CALLEWAERT NIELS			Q-time: 00:30:05
PB (25m pool): 28.36 Antwerpen 24 Jul 2021			PB (50m pool): 28.79 SB:
	2 5 M	5 0 M	
PB		28.36	
	28.36		
			

Coach feedback:

Event number: 21: 50M BREASTSTROKE MEN			Heat:6, starttime: 10:25
Heat: 6/8 Lane : 3 Athlete: MENNEN RUBEN			Q-time: 00:28:93
PB (25m pool): 29.80 Antwerpen 11 Oct 2025			PB (50m pool): 28.93 SB:
	2 5 M	5 0 M	
PB		29.80	
	29.80		
			

Coach feedback:

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Event number: 21: 50M BREASTSTROKE MEN						Heat:7, starttime: 10:25	
Heat: 7/8 Lane : 6 Athlete: JANSSENS RENZO						Q-time: 00:29:16	
PB (25m pool): 29.16 Mol 19 Oct 2024						PB (50m pool): 30.46 SB:	
	2 5 M		5 0 M				
PB			29.16				
	29.16						
							

Coach feedback:

Event number: 21: 50M BREASTSTROKE MEN							Heat:8, starttime: 10:25	
Heat: 8/8 Lane : 2 Athlete: VERVLOET RUWEN							Q-time: 00:29:54	
PB (25m pool): 29.54 Antwerpen 11 Oct 2025							PB (50m pool): 29.87 SB:	
	2 5 M		5 0 M					
PB			29.54					
	29.54							
								

Coach feedback:

Event number: 22: 100M BREASTSTROKE WOMEN				Heat:3, starttime: 10:30	
Heat: 3/6 Lane : 3 Athlete: FATIH AYA				Q-time: 01:15:12	
PB (25m pool): 1:15.12 Geel 10 Feb 2024				PB (50m pool): 1:18.21 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		35.08		1:15.12	
	35.08		40.04		
					

Coach feedback:

Event number: 22: 100M BREASTSTROKE WOMEN				Heat:5, starttime: 10:35	
Heat: 5/6 Lane : 3 Athlete: DHOOGHE KATIA				Q-time: 01:11:18	
PB (25m pool): 1:11.18 Gent 10 Nov 2024				PB (50m pool): 1:12.35 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		33.29		1:11.18	
	33.29		37.89		
					

Coach feedback:

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Event number: 22: 100M BREASTSTROKE WOMEN					Heat:5, starttime: 10:35
Heat: 5/6 Lane : 8 Athlete: LEPAGE AMÉLIE					Q-time: 01:14:30
PB (25m pool): 1:14.30 Antwerpen 11 Oct 2025					PB (50m pool): 1:15.60 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		34.46		1:14.30	
	34.46		39.84		
					

Coach feedback:

Event number: 23: 200M MEDLEY MEN							Heat:3, starttime: 10:45	
Heat: 3/4 Lane : 5 Athlete: LAVDANITI ZHULIAN XHOI							Q-time: 02:03:66	
PB (25m pool): 2:03.66 Copenhagen (DEN 15 Dec 2024							PB (50m pool): 2:06.99 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		26.24		57.33		1:33.12		2:03.66
	26.24		31.09		35.79		30.54	
								

Coach feedback:

Event number: 24: 50M BUTTERFLY WOMEN					Heat:1, starttime: 10:50
Heat: 1/6 Lane : 5 Athlete: DHOOGHE KATIA					Q-time: 00:30:37
PB (25m pool): 30.37 Eeklo 1 Apr 2024					PB (50m pool): 30.93 SB:
	2 5 M	5 0 M			
PB		30.37			
	30.37				
					

Coach feedback:

Event number: 24: 50M BUTTERFLY WOMEN					Heat:2, starttime: 10:50
Heat: 2/6 Lane : 5 Athlete: BROECKAERT NOA					Q-time: 00:29:69
PB (25m pool): 29.69 Antwerpen 11 Oct 2025					PB (50m pool): 29.80 SB:
	2 5 M	5 0 M			
PB		29.69			
	29.69				
					

Coach feedback:

OBC 25M 2025: Session: 3: COACH evaluation sheet for TEAM: BRABO

Event number: 24: 50M BUTTERFLY WOMEN					Heat:3, starttime: 10:50				
Heat: 3/6 Lane : 3 Athlete: VAN DEN WYNGAERT ELIZABETH					Q-time: 00:29:36				
PB (25m pool): 29.00 Sint-Amandsberg 19 Oct 2025					PB (50m pool): 29.45 SB:				
	2 5 M		5 0 M						
PB			29.00						
	29.00								
									

Coach feedback:

Event number: 24: 50M BUTTERFLY WOMEN							Heat:5, starttime: 10:55	
Heat: 5/6 Lane : 2 Athlete: MAEREVOET MARIE							Q-time: 00:28:79	
PB (25m pool): 28.39 Mol 24 Jul 2021							PB (50m pool): 29.11 SB:	
	2 5 M		5 0 M					
PB			28.39					
	28.39							
								

Coach feedback:

Event number: 24: 50M BUTTERFLY WOMEN							Heat:6, starttime: 10:55	
Heat: 6/6 Lane : 1 Athlete: METZEMAKERS LéA							Q-time: 00:29:00	
PB (25m pool): 30.02 Nijlen 16 Nov 2024							PB (50m pool): 29.00 SB:	
	2 5 M		5 0 M					
PB			30.02					
	30.02							
								

Coach feedback:

Event number: 25: 100M FREESTYLE MEN				Heat:4, starttime: 11:00	
Heat: 4/9 Lane : 6 Athlete: VOLDERS ARNE				Q-time: 00:53:15	
PB (25m pool): 53.15 Antwerpen 12 Oct 2025				PB (50m pool): 53.76 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		25.34		53.15	
	25.34		27.81		
					

Coach feedback:

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Event number: 25: 100M FREESTYLE MEN					Heat:4, starttime: 11:00
Heat: 4/9 Lane : 8 Athlete: VANHAMEL YONAS					Q-time: 00:53:21
PB (25m pool): 53.21 Kapellen 2 Jun 2024					PB (50m pool): 53.58 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		25.27		53.21	
	25.27		27.94		
					

Coach feedback:

Event number: 25: 100M FREESTYLE MEN					Heat:5, starttime: 11:00
Heat: 5/9 Lane : 4 Athlete: JANSSENS RENZO					Q-time: 00:52:29
PB (25m pool): 51.77 Antwerpen 24 Jul 2021					PB (50m pool): 53.44 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		24.70		51.77	
	24.70		27.07		
					

Coach feedback:

Event number: 25: 100M FREESTYLE MEN					Heat:5, starttime: 11:00
Heat: 5/9 Lane : 6 Athlete: KINDT LEVI					Q-time: 00:52:60
PB (25m pool): 52.34 Antwerpen 12 Oct 2025					PB (50m pool): 53.40 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		25.22		52.34	
	25.22		27.12		
					

Coach feedback:

Event number: 25: 100M FREESTYLE MEN					Heat:7, starttime: 11:05
Heat: 7/9 Lane : 5 Athlete: LAMMENS SEPPE					Q-time: 00:50:05
PB (25m pool): 48.91 Rotterdam (NED) 24 Oct 2025					PB (50m pool): 50.94 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		23.18		48.91	
	23.18		25.73		
					

Coach feedback:

OBC 25M 2025: Session: 3: COACH evaluation sheet for TEAM: BRABO

Event number: 25: 100M FREESTYLE MEN					Heat:8, starttime: 11:05
Heat: 8/9 Lane : 1 Athlete: BRACKE ERNO					Q-time: 00:51:31
PB (25m pool): 51.31 Geel 16 Feb 2025					PB (50m pool): 53.03 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		24.88		51.31	
	24.88		26.43		
					

Coach feedback:

Event number: 25: 100M FREESTYLE MEN					Heat:8, starttime: 11:05
Heat: 8/9 Lane : 3 Athlete: VAN HOOYDONCK VINCENT					Q-time: 00:50:41
PB (25m pool): 50.25 Antwerpen 12 Oct 2025					PB (50m pool): 49.90 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		23.78		50.25	
	23.78		26.47		
					

Coach feedback:

Event number: 27: 4x50M FREESTYLE MIXED						Heat:2, starttime: 11:10		
Heat: 2/2 Lane : 4 Athlete: TEAM BRABO 1						Q-time: 01:38:33		
PB (25m pool):						PB (50m pool): No time SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: